



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 24, No.9– September 2017, Marcia Barney, Editor (336) 712-8183
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We Promote Ballroom Dancing!

National Ballroom Dance Week

Each year we celebrate National Ballroom Dance Week. The week is a time when we can emphasize our interest in the art and encourage others to become ballroom dancers. Ballroom dancing has traditionally gone through periods of popularity followed by a declining interest. When a fabulous new show, such as the now-seasoned *Dancing With the Stars*, is introduced ballroom dancing becomes the “rage” again.

Sometimes a specific group such as millennials or baby boomers flock to ballroom dancing because of a new health study or a magazine article read by that group. A few of those so interested become long-term dancers. However, most people begin dancing because someone they know asked them to “give it a whirl.” More people continue dancing because of friends (new or pre-dancing) with whom they dance.

We, Piedmont NC USA Dance, offer introductory ballroom dance lessons throughout the year. Most of the local dance studios offer introductory lessons at a rate significantly lower than their normal price. The purpose is to allow non-dancers to decide if they wish to become ballroom dancers. During the week of September 15 – 24 encourage someone you know to give ballroom dancing a try.

The second way to celebrate National Ballroom Dance Week is to go dancing a few extra times. Carolina Heartland USA Dance is having a Showcase of Dancers on September 16 that is sure to impress you as well as provide dance time (call Lib Johnson @336-299-7412 for reservations.) Of course, be sure to attend our Ballroom Sunday dance on September 24 for the Grand Finale to National Ballroom Dance Week.

Leaders Needed

Every 2 years we elect a new Board of Directors to take care of the administration, planning, and business of our Chapter. We have been very fortunate to attract outstanding leaders for our club. Many dancers with a wide range of additional talents that benefit our Chapter have offered their talents to make our Chapter a wonderful place to enjoy ballroom dancing. If you are interested in becoming a Chapter leader, on September 24 at Ballroom Sunday make your interest known.



Kniejskis Win

Bob and Wini Kniejski are continuing their winning streak on the ballroom dance competition “circuit.” Most recently they brought home almost a dozen metals, some trophies, and several scholarship checks from the Capital DanceSport

Competition in Washington, DC.

September Ballroom Sunday

Beginners' Ball

Sunday, September 24, 2017
Waltz with Tim Saunders

4:00 – 4:30 PM Waltz Lesson

General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney

Directions to Jerry Long Family YMCA in

Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the second traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

2017 at a Glance

September 24 – Beginners' Ball - Waltz Lesson by Tim Saunders at 4 PM, Dance until 6:30 at the Jerry Long Family YMCA
1150 S. Peacehaven Rd., Clemmons
Admission - \$5 Members; \$10 guests

Ballroom Sundays and Special Events:

October 22 – Presidents' Halloween Dance

November 26 – Holiday Premier Promenade & Annual Business Session

December 29 – Friday Finale 6 – 8:30 PM

Thank You to Roger and Cindy Caudle, Liz Gilkey, Corky and Danny Flowers, Dick and Helen Heck, Scott and Lynne Forrest, and the Barneys for the hospitality at our August monthly dance. Thank you to **Adina Harper** for the fun Cha Cha lessons in August!

A Special Thank You to Randy and Sherryl Peters for their continued support of our Chapter through their generous Sustaining Member contribution to our Friends and Sponsors Program!

Truisms

- Dancing is a lot like love – It's all about giving, not receiving.
- Adopting the right attitude makes any dance better.
- The key is to find a partner who brings forth your best.
- When you feel uncomfortable with a new step or new technique, remember: no pressure, no diamond.
- It takes more work to be a miserable dancer than to be a happy dancer.
- The best part of a good partner are the little acts

of kindness and caring.

- We can complain that our partner does not dance enough or we can rejoice that our partner dances.
- We forget the music and remember the dance.
- The weak can never follow. Following takes strength and determination.
- Too many leaders make dancing more difficult for their partners by trying too zealously to make it easier for them.
- Words and actions cannot be recalled, but they can be planned – even on the dance floor.
- Too often we underestimate the effect of a touch – caring or casual.
- The difference between a really good dancer and a mediocre one is frequently not knowledge or talent, but will.
- Dancing is a state of mind. Start thinking of yourself as a really good dancer.
- There are two kinds of dancers: Those who look forward and those who look backward.
- Be intolerant of those who do not try to dance, but understanding of those who give it their best.
- The way a person treats his/her partner is a good indication of who he/she is.
- I'm a good dancer today because I had a partner who believed in me and I didn't have the heart to let him down.
- The most valuable thing you can give a partner is trust – and a good frame.

Bring a smile, a friend(s) and a snack to share to our

September 24, 2017

Beginners' Ball

*See you at the
Jerry Long Family YMCA
On the 24th – 4:00 PM*

Dressy casual attire.

*Dance a few extra times to celebrate
National Ballroom Dance Week!*

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