



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 25, No.5 – May 2018, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

A Valuable Resource

Our chapter has an extensive Learning Library of DVDs. This library includes both International and American style standard, smooth, Latin, and rhythm dances. Sometimes we may find it easier to “just look it up on the Internet” rather than use a DVD to check out a step or learn something new. The purpose of this article is to remind us that the DVD route is desirable.

The instructors on the DVDs in our library are world class competitors and instructors. Their work has been judged, edited, and complies with the highest standard of dance instruction. (Yes, there is a right way to ballroom dance!) Not only are the instructors the best, they are tireless: You can replay any segment of the DVD you wish as many times as you like.

You can learn as much as you wish at a session. You may only want to be able to go through the moves of a new step. The next time you may want to learn the footwork for the step or learn how to lead the step. Each time you view the step you can learn more of the nuances. You can also use the DVDs for review of basic or advanced steps.

A good mirror will allow you to evaluate yourself, then review and add from the DVD.

The DVDs come in all levels from pre-bronze social dancer to bronze, silver, and gold with variations for the intermediate level. (Has part of Dick and Helen Heck’s, above, outstanding progress been due to us of DVDs?)

We have a valuable resource in our DVDs – and it is free, accurate, and stimulating. Check one out today!



Spring Social Dance Class Will Start at 7:40 PM

Our Spring Social Dance Classes will begin on Wednesday, May 9 at 7:40 PM. The starting time has been delayed by 40 minutes due to a studio conflict. The 5 evening classes will be 1 hour in which participants will learn East Coast Swing and Rumba. These dances were chosen because they are dances most likely to be used at summer parties, receptions, and reunions.

The sixth lesson will be on Sunday, June 24. All lessons and the dance will be at our usual dance venue. Cost of the classes is \$45 per attendee or they are free to all members (new or renewing) of Piedmont NC USA Dance.

Pass the enclosed reservation form along to a friend, too.

Surprise Birthday Party

On June 1 James Williams, our May Dance Instructor, will have a birthday with a “0” in it. On May 27 we will have a surprise birthday celebration for this gentleman who has helped so many learn ballroom dancing. Help make this dance memorable for James and everyone attending by bringing a flower or a special refreshment to the dance with you!

May Ballroom Sunday

Red White and Blue Memorial Dance

Sunday, May 27, 2018

Bolero with James Williams

4:00 – 4:30 PM Bolero Lesson

**General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney**

Directions to Jerry Long Family YMCA in

Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the second traffic light not associated with I-40. **Go to the first traffic light on Peace Haven Rd. and turn left.** Follow the driveway to the YMCA. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

2018 at a Glance

May 27 – Red, White and Blue Memorial Dance

Bolero Lesson by James Williams at 4 PM,
Dance until 6:30 at the Jerry Long Family YMCA
1150 S. Peacehaven Rd., Clemmons
Admission - \$5 Members; \$10 guests

May 9 – Social Dance Lessons begin featuring
Rumba and Swing

June 24 – Swing into Summer

July 22 – Beach Boogie

August 18, 2018 – Celebrate Good Times Black Tie
Dinner Dance, Lexington
[Reservation forms available on website and at our
May 27 Dance!](#)

September 23 – Beginners' Ball

October 28 – Presidents' Halloween Dance

November 25 – Holiday Premier Promenade
and Annual Business Meeting

December 30 – Early New Year's Dance

Thank You to Liz Gilkey, Roger and Cindy Caudle, Scott and Lynne Forrest, and the Barneys for the hospitality at our April dance.

Thank You to Adina Harper (right) for the fun Rumba lesson at our April Ballroom Sunday.



Truisms

- You haven't lived until you've danced a Waltz.
- Dance is a process of becoming – a series of levels we go through. The joy diminishes when we stay too long at one level.
- Dance is responsible for a great deal of solid and desirable happiness.

- Practice and learning is where the miracle of beautiful dancing begins.
- Dancing is always fashionable - in every year and season.
- Dancing is like life: The more we live it the more we love it.
- Start by learning the basics, then perfect the basics, and suddenly you're dancing beautifully!
- Steps may come and go, but good technique survives senior moments.
- Someday you, too, will say "was it really that long ago when we started dancing."
- Dancing it is the best way to remember it.
- You don't become a better dancer by sitting on the sidelines.
- I don't mind that you dance only a few steps and I love it that you dance them well.
- Dance is what makes me hope.
- Even a great dancer has off days, so be patient with yourself and your partner.
- Dance music is subject to the interpretation of the leader.
- Sometimes you don't realize the full joy of a dance until it becomes a memory.
- One measure of your success as a dancer is how you build up your partner(s).
- If you are a dancer, dancing isn't an option – it's a necessity.
- Music is used first to condition our minds, then to move our bodies.
- You can't learn to dance with a closed mind.
- Don't despair because you can't dance it yet.

Bring a smile, a friend(s) and a snack to share to our

May 27, 2018

Red, White, and Blue Memorial Dance

See you at the
Jerry Long Family YMCA
On the 27th – 4:00 PM

Dressy casual attire.

"Ballroom Beat"
Marcia Barney, Editor
3501 Lakefield Court
Clemmons, NC 27012

