



Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019
Vol. 25, No.1– January 2018, Marcia Barney, Editor (336) 712-8183
Send News and Views to the Editor at PiedmontNCUSABDA@aol.com

We Promote Ballroom Dancing!

New Officers New Year

At our Annual Meeting in November we elected Board Members for Piedmont NC USA Dance for 2018-19. At their meeting in December the Board Members chose the following officers for 2018:

- President – Lynne Forrest (middle standing)*
- Vice Pres. – Scott Forrest (right standing)*
- Secretary – Wini Kniejski (seated at extreme rt.)*
- Treasurer – Roger Caudle (front kneeling)*
- Directors – Marcia Barney (kneeling),
Cindy Caudle (standing left)*

In addition to these officers Hubert Barney will continue to be Music Chair and Liz Gilkey will continue with Refreshments.



If you are interested in helping with Publicity, Membership, Black Tie, Decorations, or Youth, please talk to either of the officers about your interest. Talent and enthusiasm are always welcome!

At their January meeting the Board choose 2018 Dance themes (“2018 at a Glance”). They also passed the 2018 budget and voted to have a St. Patrick’s Day Flash Dance in March.

We will again offer Beginner Dance Classes starting in May.

Celebrate Good Times

The theme, the date, the place, and the cost for our August 18, 2018 Black Tie Dinner Dance have been selected! We now have a theme: *Celebrate Good Times*. The cost of the Dinner/Dance will remain at \$55 per person and we will again be at the lovely *Commons on the Green* in Lexington. Mark the date on your calendar now. If you’d like to help with the planning and preparation for the event, please let either Lynne Forrest or your Editor know.



Photos by Chris Squire from our 2017 Starry Starry Night Dinner/Dance at Commons on the Green in Lexington.



January Ballroom Sunday

The New Year Dance

Sunday, January 28, 2018
Rumba with James Williams
Featuring Dream Step 2

4:00 – 4:30 PM Rumba Lesson

General Dancing – 4:30 – 6:30 PM
Music by Hubert and Marcia Barney

NEW Directions to Jerry Long Family YMCA in Clemmons: From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the second traffic light not associated with I-40. **Go to the first traffic light on Peace Haven Rd. and turn left.** Follow the driveway to the YMCA. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

2018 at a Glance

January 28 – The New Year Dance

Rumba Lesson by James Williams at 4 PM,
Dance until 6:30 at the Jerry Long Family YMCA
1150 S. Peacehaven Rd., Clemmons
Admission - \$5 Members; \$10 guests

February 25 – Mardi Gras – Adina Harper
Will teach Cha Cha

March TBA– Special Pot O Gold Dance
March 25 – Spring Charity Waltz – Laura
Stainback will teach Waltz

April 22 – Eggs-stravaganza Dance

May 9 – Social Dance Lessons begin featuring
Rumba and Swing

May 27 – Red White and Blue Memorial Dance

June 24 – Swing into Summer

July 22 – Beach Boogie

August 18, 2018 – Celebrate Good Times Black Tie
Dinner Dance, Lexington

September 23 – Beginners' Ball

October 28 – Presidents' Halloween Dance

November 25 – Holiday Premier Promenade
and Annual Business Meeting

December 30 – Early New Year's Dance

Thank You to Liz Gilkey, Roger and Cindy Caudle, Scott and Lynne Forrest, Randy and Sherryl Peters, Corky and Danny Flowers, Rebecca MacNeiledge, John and Dianne Sykes and the Barneys for the hospitality at our December and November dances.



Welcome Guests Mike VunCannon, Gary and Elise Nash (above), Mitchell Nash, Deborah Degraff, Rick and Kathy Fahey, Max Jacobs and Kate Reidenbach! We look forward to dancing with you in the New Year!

Truisms

- Our feet move better with an open mind.
- Enjoy the beauty of discovery – become a child again on the dance floor.
- The happiest dancers are those who accept total responsibility for their dancing.
- Dance can sometimes transform an enemy into a friend.
- Tact is the ability to convince your partner to change without making them think about changing partners.
- A profound unmitigated loneliness is what I feel when my dance partner is missing.
- Improving usually doesn't mean learning a new step, but learning one better.
- We never become better dancers while sitting.
- Your ability slowly melts away if you don't use it.
- Our goal as dancers is not to dance like someone else, but to dance better than ourselves.
- Not all beginners are novices.
- The New Year stands before us like a Waltz to be danced. How will we dance it?
- Fear not the unknown in 2018. Challenges make us better dancers.
- The best way to find or keep a good partner is to be a good partner.
- You never know just how well you can lead until you learn to control your body.
- Wishing cannot make us better dancers. Only dancing can do that.
- Dancing is like carrying a fetus.

Bring a smile, a friend(s) and a snack to share to our

January 28, 2018

The New Year Dance

**See you at the
Jerry Long Family YMCA
On the 28th – 4:00 P.M**

**Dressy casual attire.
2018 Calendars available at dance.**

“Ballroom Beat”
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