



# Ballroom Beat

Official Monthly Publication of Piedmont NC USA Dance Inc., Chapter 6019  
Vol. 24, No. 2– February 2017, Marcia Barney, Editor (336) 712-8183  
Send News and Views to the Editor at [PiedmontNCUSABDA@aol.com](mailto:PiedmontNCUSABDA@aol.com)

*We Promote Ballroom Dancing!*

## The Winners Are

Most Piedmont NC USA Dance members are Social Dancers.

We love to dance and strive to look and feel better via practice and lessons. Two of our couples are also competitive dancers. Notes concerning the honors received by both the Kniejskis and the Buczek have appeared with regularity in this newsletter. However, the achievements of Bob and Wini Kniejski (*right*) at the Superstar DanceSport Championships in St. Petersburg, Florida last weekend deserves special note.



In Smooth Wini was 1<sup>st</sup> Place in Overall Silver Championships, 1<sup>st</sup> Place in Overall Silver Scholarship, 1<sup>st</sup> Place in 3-Dance Championships and 1<sup>st</sup> Place in 2-Dance Championships. Bob was 1<sup>st</sup> Overall Bronze 2-Dance Championships and 3<sup>rd</sup> in 3-Dance Championships. Bob and Wini were 1<sup>st</sup> Overall Amateur Couple 3-Dance and 2-Dance Championships. In Rhythm Wini was 1<sup>st</sup> Overall Silver 5-Dance Championships, 1<sup>st</sup> Place in 3-Dance Championships and 2-Dance Championships and 2<sup>nd</sup> in Overall Silver. Bob was 2<sup>nd</sup> Overall Bronze 3-Dance and 2-Dance Championships. Bob and Wini were 1<sup>st</sup> Place Overall Amateur couple 3-Dance and 2-Dance Championships.

Wow! Congratulations, Bob and Wini, for making our Chapter look good by association!

## Charity Event Help Needed

Our Annual Charity Event has been set for March 26. All money raised will be donated to the Jerry Long Family YMCA for use in programs designed to prevent Childhood Obesity.

This event includes a sale of all things dance related. To have a good sale we need appealing items. The years are flying by for many of us and our friends. Some of our friends no longer dance and may wish to contribute their dance paraphernalia to a non-profit organization that can help find a new home for it. It would be especially nice if those gently used dance shoes were passed along to the next wave of dancers. Dance attire is always needed by new dancers – or those still young enough to enjoy it. If you know a former dancer or if you have dance-related items you would like to donate, please contact Marcia (336-712-8183) or Cindy (336-984-5967.)

## Board News

On February 4, your 2017 Board of Directors decided that the office of President will rotate among the other officers each month. This will enable us to benefit from the views and leadership styles of different officers throughout the year.

## February Ballroom Sunday

**Love to Dance**

**Sunday, February 26, 2017**  
**Samba with Adina Harper**

**4:00 – 4:30 PM Samba Lesson**

*General Dancing – 4:30 – 6:30 PM*  
*Music by Hubert and Marcia Barney*

### Directions to Jerry Long Family YMCA in

**Clemmons:** From I-40 on the west side of Winston-Salem take the Clemmons exit. Go north away from downtown Clemmons. Turn left onto Peacehaven Road at the second traffic light not associated with I-40. Go less than ½ mile and the YMCA is on your left. Go in the main entrance to a great dance. YMCA: 1150 S. Peacehaven Road, Clemmons 27012

### 2017 at a Glance

#### February 26 – Love to Dance

Samba Lesson by Adina Harper  
at 4 PM, Dance until 6:30 at the  
Jerry Long Family YMCA  
1150 S. Peacehaven Rd., Clemmons  
Admission - \$5 Members; \$10 guests

#### Ballroom Sundays:

March 26 – Charity Dance – Teresa Shadoin, Cha Cha

April 23 – Bunny Hop – Laura Steinbach, Fox Trot

May 6 – Clemmons Community Day

May 10 – Swing and Waltz lessons begin

May 28 – Memorial Day Bash

Adina Harper will instruct

June 25 - Sunshine Dance

July 23 – Sailor's Shuffle

August 19 – Black Tie Dinner Dance –  
Lexington Municipal Club

August 27 – After the Ball

September 24 – Beginners Ball

October 22 – Presidents' Halloween Dance

November 26 – Holiday Premier Promenade & Annual  
Business Session

December 29 – Friday Finale

Early New Year's Dance 6 – 8:30 PM

**Thank You** to Roger and Cindy Caudle, Liz Gilkey, Dick and Helen Heck, Corky and Danny Flowers, Charles and Lorene Markland, and the Barneys for the hospitality at our January monthly dance!

**Welcome Guests:** Agnes Chen, Garrett Griffin, Lackyn Paris, Nellie Archibald, and Renee Pickard.  
We hope you will return in February!

### Truisms

- I know how to dance and not to do it is painful.
- I dance every day at 9 PM – no matter what time it is.
- To some there is no difference between the theory of dance and the practice of dance. In practice, however, there is.
- Life without dance is like life without oxygen.
- Dance partners care more how we dance than what we dance.
- A dance instructor may be a great teacher, but practice makes a great dancer.
- The road to great dancing starts when you do.
- The best way to help your partner is to help yourself.
- Beautiful dancing may look magic, but it comes from sweat, determination, and hard work.
- A few attempts each day to improve your dancing will soon result in amazing results.
- There are two ways of being a great dancer: Being the one who does it or being the partner who enables it.
- It is always better to step onto the floor and dance than to look back and wish you had.
- It takes a great deal of courage to face the music for the first time – especially on a dance floor.
- Dancing would still be fun if it wasn't so good for us!

Bring a smile, a friend(s) and a snack to share to our

**February 26, 2017**

***Love to Dance***

***See you at the  
Jerry Long Family YMCA  
On the 26th – 4:00 PM***

***Dressy casual attire.***

### “Ballroom Beat”

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